Session II Dates:

Oct. 19 - Nov. 16

This session will consist of 5 Friday meetings. School is closed on November 23—there will be no Friday Groups that day.

Please select your top 3 class choices in order of preference from the attached list. Half-day classes will be paired with another half-day class.

Students may be assigned to their second or third choice of classes based on the popularity of particular classes.

Homeschool enrichment students should email their class preferences to the Admissions Director by October 15.

All students should bring a packed lunch, drink, and healthy snack each day and should dress appropriately for the planned activities (outdoor apparel for hiking, etc.).



Middle School Friday Groups

2018-2019 Session II Course Offerings:

CS Move Crew TWO

(half day with Nicole, 10:00-12:00)

Back by popular demand, here's your chance to be a member of the Community School's Move Crew! We will be outside, and we will PLAY. In this course, we will explore ways to use our playground equipment (or no equipment at all!) to craft fun and challenging workouts and obstacle courses. We will design our own workouts and challenge one another to complete them. We will have visits and demos from members of the local fitness community who work to make fitness accessible to all ages and all levels. Students will also have a chance to earn a medal by completing challenges throughout the duration of the course. Additionally, we will look at fitness and how it relates to and is affected by social media, a variety of fitness apps and wearables and how fitness efforts are related to various charitable organizations. (Limit: 10 students)

*Students should wear or bring comfortable clothing (wicking, if possible), athletic shoes, ball cap/headband/sweatband, reusable water and possibly an extra snack. They may also want to bring a change of clothes, shoes and/or deodorant for after our workouts. Sunscreen and bug spray will be provided. However, if the student has specific skincare needs, they are free to bring their own. We will play outside in nearly any weather so if it's raining, bring a towel, an adventurous spirit and lots of positive vibes!

Movement Studio

(half day with Gina, 10:00-12:00)

We will explore movement as a way of discovering our identities. We will explore structured movement sequences, movement improvisation, modern technique and composition. We will work on developing a relationship between our moving bodies and sound/music. We will develop strength, flexibility, spatial awareness, coordination and the power of moving through space both individually and as a group. Join Gina and move your body, move your soul and have some fun - no experience needed!

Penmanship

(half day with Alex Moore, 10:00-12:00 and 1:00 – 3:00)

This class will be an immersive study of handwriting and penmanship. Half of our time will be spent learning cursive and training/perfecting your own penmanship. The other half of the class will involve a historical study of the evolution of handwriting, creating your own unique signature, and the history of various penmanship curricula.

Thai Fruit Carving

(half day with Christina, 1:00-3:00)

Fruit and vegetable carving is a significant part of Thailand's historical past and is an exemplary form of art. It is taught at primary, secondary and university levels as an optional subject. Intricate designs are carved into fruit and vegetables transforming them into beautiful works of art. This Friday Group will explore different carving methods and experiment with fruit and vegetable carving to make edible works of art. Limit: 12 participants.

The Greatest Showman

(half day with Kim, 1:00 – 3:00)

Explore the movie *The Greatest Showman*. This story celebrates how we are all created differently with our own talents. We will study the movie and its music in depth. We will also learn about what makes a musical, and we'll find out more about the songwriting duo of Pasek and Paul.

Eating in America: The History of Immigrant Food

(full day with Miranda)

In this class, we will learn how immigrant families have changed and influenced our food and created a uniquely American culinary landscape. We will learn about the origins of major food brands brought to this country by immigrants. We will spend several classes creating popular recipes from other countries as well as visiting local ethnic restaurants in our community. At the end of this class, students will be expected to write a 1- to 2-page research paper about the history of a chosen immigrant food.

Dendrology

(full day with Bill)

This class will focus on the biology of trees. Participants will learn how to identify local tree species and be made aware of the biological processes that influence fall color. We will also visit some of the registered "big trees" in the Roanoke area and will learn techniques for measuring trees. Most classes will involve field trips. Students should dress for hiking and bring plenty of food and water.

Ecuador - History, Culture, Environment

(full day with Alex Bentley)

Students will learn about the history, culture, and environment of the small South American country of Ecuador. Students will learn about Ecuadorian art and produce their own art piece in the style of a famous Ecuadorian artist. We will explore typical Ecuadorian cuisines - cooking and sampling various foods. Students will be assigned a research project in which they investigate some aspect of Ecuadorian history or prehistory and how it continues to affect the country today. Then they will write a short paper on their chosen topic. We will study Ecuadorian architecture and construct a small hut in the typical style of rural villages and indigenous communities. Lastly, we will explore the region's geography and ecology and construct an aquaponics system modeling a tropical ecological structure. At the end of this course, we will invite family and friends to attend an *Ecuador Night* in which students will prepare an Ecuadorian meal for guests. In addition to dinner, students will present on the various things we studied throughout the course. We are exploring the possibility of a future trip to Ecuador for middle schoolers, and this Friday group will be a great way for students who may be interested to get a head start on learning!

Life After Community School (Seminar Students Only)

(full day with Katrina)

This group is restricted to and required for Seminar students (students entering high school in fall 2019). The group will visit various high schools around town to compare programs as Seminar students consider their educational opportunities after CS. In addition, students will focus on how they represent themselves to a broader community, discussing speech writing and presentations, etiquette, manners, and other real-life applications.